



# YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGD. NUMBER 1195, DATED 14.02.90)

AFFILIATED TO ASIAN YOGA FEDERATION, INTERNATIONAL YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION

RECOGNITION OF : INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

REGD. OFFICE : Flat No. 501, GHS-93, SECTOR-20, PANCHKULA -134 116 (HARYANA) - INDIA

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**Ref. No.YFI / 39692-772**

**Date: 22.02.2025**

**Subject: Minutes of General Body Meeting of Yoga Federation of India held on 13<sup>th</sup> February, 2025 at 06:30 PM at Hotel Sreevalsam Residency, Vembayam, Thiruvananthapuram (Kerala) under the Chairmanship of Mrs. Indu Aggarwal, President, Yoga Federation of India at the occasion of 49<sup>th</sup> Senior National Yoga Sports Championship.**

Following were present in the meeting.

S. No.	NAME	STATE / UNIT
1.	Mrs. Indu Aggarwal, President, Yoga Federation of India & President HSYA.	Haryana
2.	Yogiraj N. Ramalingam, Vice President, YFI, Secretary, TNYA	Tamil Nadu
3.	Shri Raman Kumar, Treasurer, YFI & Secretary, HYA.	Himachal Pradesh
4.	Dr. Abhinav Joshi, Executive Member, YFI and General Secretary, Yoga Sports Association of Rajasthan.	Rajasthan
5.	Shri Gautam Sinha, Secretary, West Bengal Yoga Association.	West Bengal
6.	Shri Vishal Goel, General Secretary, Punjab Yoga Association	Punjab
7.	Shri Makhan, Representative of President, Punjab Yoga Association.	Punjab
8.	Shri M. Avinash Shetty, General Secretary, Yoga Sports Association of Andhra Pradesh.	Andhra Pradesh
9.	Shri M. Manohar Reddy, Representative of President, Yoga Sports Association of Andhra Pradesh.	Andhra Pradesh
10.	Shri Amrendra Kumar Vikal, Representative of President, Jharkhand Yoga Association	Jharkhand
11.	Shri Sapan Kumar Shah, Representative of Secretary, Jharkhand Yoga Association	Jharkhand
12.	Shri Chandrakant S. Pangare, Chairman, Maharashtra Yoga Association.	Maharashtra
13.	Shri Jatin Solanki, Secretary, Maharashtra Yoga Association.	Maharashtra
14.	Mrs. Rakhee R. Gugale, Representative of President, Maharashtra Yoga Association.	Maharashtra
15.	Acharya Mohinder Sharma, President, Himachal Yoga Association.	Himachal Pradesh
16.	Shri Sunil Kumar, General Secretary, Yogasana Sports Alliance Association U.P.	Uttar Pradesh
17.	Shri Dharmendra Kumar, Representative of President, Yogasana Sports Alliance Association U.P.	Uttar Pradesh
18.	Shri Paresh D. Bhatt, General Secretary, Gujarat State Yoga Association	Gujarat
19.	Shri Mitesh Mistry, Representative of President, Gujarat State Yoga Association	Gujarat
20.	Shri Arindam Mitra, General Secretary, Haryana State Yoga Association.	Haryana
21.	Shri Mukesh Kumar, Representative of President, J & K Yoga Association.	J & K
22.	Shri Aryaaveer Singh, Representative of Secretary, J & K Yoga Association.	J & K

23.	Shri Chandan Babu Poojari, Representative of Secretary, Chandigarh Yogasana Association	Chandigarh
24.	Shri Krishan Kumar, Representative of Secretary, YAD.	Delhi
25.	Shri K.V. Rajagopalan, Representative of President, TYSA.	Tamil Nadu
26.	Shri G.N. Krishnamurthy, President, Karnataka State Amateur Yoga Sports Association.	Karnataka
27.	Shri K. Prabhu, Secretary, Karnataka State Amateur Yoga Sports Association.	Karnataka
28.	Dr, Ganesh Kumar, Karnataka State Amateur Yoga Sports Association.	Karnataka
29.	Dr. K. Rajagopalan, Secretary, Yoga Association of Kerala.	Kerala
30.	Shri P. Balakrishnan, Yoga Association of Kerala.	Kerala
31.	Ms. Nijara Borah, Assam Yoga Association.	Assam
32.	Dr. Tulmani Devi, Assam Yoga Association.	Assam
33.	Ms. Sangita, Bihar Yoga Association.	Bihar
34.	Shri Raju Kumar, Bihar Yoga Association.	Bihar
35.	Shri Sasidharan Nair, Coordinator, Organizing Committee, 49 <sup>th</sup> Senior National Yoga Sports Championship.	Kerala
36.	Shri Ashok Kumar Aggarwal, President AYF & Chairman, YFI.	Special invitee

The meeting commenced with Raman Kumar, Treasurer, Yoga Federation of India, extending a warm welcome to all the members present in the meeting. He expressed his gratitude towards the members present and conveyed his thanks to **Shri Ashok Kumar Aggarwal, President, Asian Yoga Federation and Chairman, Yoga Federation of India** for consenting to be present in the meeting. Following this, he invited **Mrs. Indu Aggarwal, President, Yoga Federation of India**, to officially chair the meeting.

Smt. Indu Aggarwal, President, YFI while extending warm welcome to **Shri Ashok Kumar Aggarwal, President, AYF & Chairman, YFI special invitee, Yogiraj N. Ramalingam, Vice President, YFI** and all the members present in the meeting and conveyed her thanks to the Officer Bearers, YFI, Presidents / Secretaries State / UT Yoga Associations for their benign presence in the meeting also extended her thanks to National Yoga Referees and Yoga Players from 25 states of India for their participation in the 49<sup>th</sup> Senior National Yoga Sports Championship at International Aquatic Complex, Pirappancode, Thiruvananthapuram Kerala. She conveyed her special thanks to **Adv. B. Balachandran, President, Yoga Association of Kerala** for taking the arduous task to host 49<sup>th</sup> Senior National Yoga Sports Championship at Pirappancode, Thiruvananthapuram Kerala and prayed for his good health & long life as because of his ill health he has to get hospitalized. A special note of appreciation was extended to **Adv. D.K. Murli, Hon'ble Member Legislative Assembly, Govt. of Kerala, Chairman and Shri Sasidharan Nair, Coordinator, Organizing Committee, Dr. K. Rajagopalan, Secretary & dedicated members of Yoga Association of Kerala** for their efforts to provide excellent hospitality to all participants and officials participating in the championship and making all arrangements for the success of 49th Senior National Yoga Sports Championship at Kerala.

**The meeting came into order as per agenda of the meeting:-**

**1. Confirmation of the minutes of Annual General Meeting & Election Meeting of Yoga Federation of India held on 24.10.2024 at Una Himachal Pradesh.**

It was informed by the President, YFI that the last Annual General Meeting & Election Meeting of YFI was held on 24.10.2024 at Una Himachal Pradesh at the occasion of 49<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship and the minutes of the said meetings were circulated earlier to all the members of Yoga Federation of India. She confirmed the election results and appointment of the new team for **Yoga Federation of India to be effective from 01.04.2025 upto 31.03.2029 : -**

Dr. Anirudh Gupta	Punjab	President
Shri J. Manohar	Telangana	Vice President
Shri Prabhat CH. Bora	Assam	Vice President
Dr. Abhinav Joshi	Rajasthan	Secretary General
Shri G. N. Krishnamurthy	Karnataka	Joint Secretary
Shri Arindam Mitra	Haryana	Joint Secretary
Shri Raman Kumar	Himachal Pradesh	Treasurer
Dr. Anita Satish Patil	Maharashtra	Executive Member
Shri T.S. Sankar	Tamilnadu	Executive Member
Shri Paresh D. Bhatt	Gujarat	Executive Member
Shri M. Avinash Shetty	Andhra Pradesh	Executive Member
Dr. Rajagopalan K	Kerala	Executive Member

Shri G.N. Krishnamurthy, President, Karnataka State Amateur Yoga Sports Association proposed, seconded by Yogiraj N. Ramalingam, Secretary, Tamilnadu Yogasana Association and Shri Paresh Bhatt, Secretary, Gujarat Yoga Association and the minutes were passed unanimously.

**2. Annual report of Yoga Federation of India for the session 2024-25.**

In the absence of Shri Sanjay Jha, Secretary General, Yoga Federation of India, the Annual Report of Yoga Federation of India for the session 2024-25 was presented by President, YFI : -

**Activities performed during the session 2024-25 : -**

**I. 8<sup>th</sup> Federation Yoga Sports Cup Online Live – on 08<sup>th</sup>, 09<sup>th</sup>, 15<sup>th</sup> & 16<sup>th</sup> June, 2024.**

Total 547 players 285 female & 262 male and 92 National Yoga Referee from all states of India participated. West Bengal Yoga Team won the Overall General Championship followed by Maharashtra State Yoga Team winning 1<sup>st</sup> Runner's up position and Assam Yoga Team winning 2<sup>nd</sup> Runner's up position.

**II. National Yoga Referees Diploma & Up-Gradation Examination Dated 11<sup>th</sup> August, 2024 Online**

Total 116 candidates cleared the exam of Grade-A (3 Referees), Grade-B (5 Referees) & Grade-C (108 Referees) and were awarded National Yoga Referee Diploma Certificates during virtual National Yoga Referee Diploma Presentation Ceremony held on 11<sup>th</sup> August, 2024.

### **III. 49<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship, 24<sup>th</sup> to 27<sup>th</sup> October, 2024 at Indira Gandhi Indoor Stadium, Una (Himachal Pradesh)**

685 Yoga Players (321 Males, 338 Females & 26 Professional Women) from 32 States/UTs of India participated in the six age groups of Junior Yogasana and two age groups of Professional Yogasana Competition (Females). 220 male & female Competitors exhibited their performances in Artistic Solo, Artistic Pair, Rhythmic and Free Flow Yoga Sports Competition and 153 National Yoga Referees of Yoga Federation of India attended the championship.

**West Bengal Yoga Team won the Overall General Championship followed by Haryana State Yoga Team winning 1<sup>st</sup> Runner's up position and Maharashtra Yoga Team winning 2<sup>nd</sup> Runner's up position.**

### **IV. 10<sup>th</sup> Asian Yoga Sports Championship, 06<sup>th</sup> to 08<sup>th</sup> January, 2025 at Singapore.**

A 45 members team of Yoga Federation of India participated in 10<sup>th</sup> Asian Yoga Sports Championship held from 06<sup>th</sup> to 08<sup>th</sup> January, 2025 at PGP Hall, Singapore.

#### **Achievements : –**

- A total of **10,000 players** have been registered with YFI, reaching a **95% registration rate**, with a target to achieve full registration.
- So far 2061 National Yoga Referee registered with Yoga Federation of India.
- The Indian Yoga Team of Yoga Federation of India won the overall general championship of 10<sup>th</sup> Asian Yoga Sports Championship held from 06<sup>th</sup> to 08<sup>th</sup> January, 2025 at Singapore winning 21 Gold, 16 Silver & 6 Bronze medals showcasing the country's excellence in yoga sports.

#### **Acknowledgments : –**

- The Yoga Federation of India is obliged to the host Himachal Yoga Association, especially Acharya Mahender Kumar, President, Shri Raman Kumar, General Secretary, Shri Sunil Kumar, Shri Chandan Babu Pujari and their dedicated team for their untiring efforts to make 49<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship a grand success.
- **Shri Anurag Thakur, Hon'ble Member of Parliament** for gracing the Valedictory Function of 49<sup>th</sup> Sub-Junior & junior National Yoga Sports Championship on 27<sup>th</sup> October, 2024 at Una (Himachal Pradesh) and appreciating the performance of Yoga participants of Yoga Federation of India.
- **Shri Jatin Lal, IAS, Deputy Commissioner, Una (Himachal Pradesh)** for inaugurating the 49<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship on 24<sup>th</sup> October, 2024 at Una (Himachal Pradesh).
- Technical Team of Yoga Federation of India particularly Dr. Abhinav Joshi, Executive Member, YFI, Shri Chandrakant Pangare, Chairman, Maharashtra Yoga Association, Shri Vishal Goel, General Secretary, Punjab Yoga Association, Shri Arindam Mitra, General Secretary, Haryana State Yoga Association, Shri Manik Pradhan, Joint Secretary, West Bengal Yoga Association, Shri Sudarshan B.O., (Karnataka), Shri Bichitra Rajan Bora (Assam), Shri Pradeep Kumar, Treasurer, Haryana State Yoga Association and all the dedicated National Yoga Referees of Yoga Federation of India for their efforts to make 49<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship a great success.

### **Future Activities of Yoga Federation of India : –**

1. National Yoga Referees Diploma / Up-gradation examination tentatively in the month of March, 2025.
2. 50<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship at Jaipur Rajasthan.
3. 50<sup>th</sup> Senior National Yoga Sports Championship.
4. The 9<sup>th</sup> Federation Yoga Sports Cup online / offline tentatively in the month of May / June, 2025.

The members present in the house appreciated and unanimously approved the activities & achievements of Yoga Federation of India during the session 2024-25.

### **3. Confirmation of dates of 50<sup>th</sup> Sub Junior & Junior National Yoga Sports Championship at Jaipur (Rajasthan).**

It was informed by President, YFI that as decided earlier, the 50<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship will be organized in the month of October / November 2025 to be organized by Yoga Sports Association of Rajasthan at Jaipur (Rajasthan). The exact dates will be intimated by the Secretary, Yoga Sports Association of Rajasthan after confirming all the arrangements of the championship.

### **4. Allotment of 50<sup>th</sup> Senior National Yoga Sports Championship.**

Regarding allotment of 50<sup>th</sup> Senior National Yoga Sports Championship, the state of Karnataka and Tamilnadu came forward to host it in their respective states. It was informed by Shri G.N. Krishnamurthy, President, KSAYSA that the said championship is proposed to be held at Mysore Karnataka but the final decision in this regard will be conveyed to YFI after having meeting with the officials of Karnataka State Amateur Yoga Sports Association within a period of 20 days. Shri N. Ramalingam, General Secretary, Tamilnadu Yoga Association also proposed to hold it at Chennai or Madurai.

The house unanimously appreciated both the proposals and left the decision to be taken by YFI after getting consent from officials of Karnataka / Tamilnadu.

### **5. Organization of 9<sup>th</sup> Federation Yoga Sports Cup.**

The President, YFI informed the house that the 9<sup>th</sup> Federation Yoga Sports cup in which the first eight position holders of 49<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship and 49<sup>th</sup> Senior National Yoga Sports Championship will be selected to take part has to be conducted in the month of May / June 2025 may be online or offline, for which she requested the members present in the house to give their consent to hold the same in their state if they are interested to conduct it offline. She requested the officials from Jammu & Kashmir, Gujarat and Maharashtra to consider the same. In the absence of final consent from any State Yoga Associations, it was informed by the President, YFI that if no State / UT will come forward to conduct the 9<sup>th</sup> Federation Yoga Sports Cup offline then the said championship will be held online in the month of May/June 2025.

The President, YFI further suggested that all the State Yoga Associations must conduct their State Yoga Sports Championships by the month of August, 2025 before participation in the National Yoga Sports Championship and send the results of state yoga championship to the YFI. The State Yoga Associations should also pay the affiliation & entry fee of their State Yoga Teams and make efforts to provide track suits to all the players participating in the National Yoga Sports Championship.

The members present in the house gave consent to the above said proposals.

**6. Any other point to be discussed with the permission of chair.**

Shri Ashok Kumar Aggarwal, Chairman, YFI informed that a huge expenditure of more than Rs. 26 lakhs has been spent on legal proceeding in the Hon'ble Delhi High Court, therefore to meet with the increased expenditure, it was proposed to increase the entry fee of player from Rs. 400/- to Rs. 500/- with late entry fee of Rs. 700/- for late submission of entry proforma by the State Yoga Associations. It was further proposed that no replacement will be allowed after the submission of entry proforma excepting under genuine circumstances. The members present in the house unanimously approved these financial implications.

Shri Gautam Sinha, Secretary, West Bengal Yoga Association informed the house that the representation has been sent by West Bengal Yoga Association to the President, Indian Olympic Association, raising concern over unauthorised Yoga Associations falsely claiming affiliation with the **Ministry of Sports & Youth Affairs, Govt. of India and Indian Olympic Association**. He further suggested that other State Yoga Associations should also come forward to send their representation in this regard to their respective State Sports Councils / State Olympic Associations / Ministry of Sports & Youth Affairs, Govt. of India / Indian Olympic Association to get justice for their players to participate in various Yoga Sports Competitions.

The house unanimously approved the above proposals.

**Sequence of performance of State/UT Yoga Associations for 50<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship and 50<sup>th</sup> Senior National Yoga Sports Championship : –**

The draw to decide the sequence of performance of State/ UT Associations during 50<sup>th</sup> Sub-Junior & Junior National Yoga Sports Championship as well as 50<sup>th</sup> Senior National Yoga Sports Championship were drawn as under.

- |                     |                       |                    |
|---------------------|-----------------------|--------------------|
| 1) Rajasthan        | 13) Andaman Nicobar   | 25) Andhra Pradesh |
| 2) Uttar Pradesh    | 14) Tamilnadu         | 26) Goa            |
| 3) Assam            | 15) Telangana         | 27) West Bengal    |
| 4) Chandigarh       | 16) Sikkim            | 28) Meghalaya      |
| 5) Madhya Pradesh   | 17) Arunachal Pradesh | 29) Chhattisgarh   |
| 6) Himachal Pradesh | 18) Gujarat           | 30) Puducherry     |
| 7) Odisha           | 19) Haryana           | 31) Tripura        |
| 8) Bihar            | 20) J & K             | 32) Nagaland       |
| 9) Mizoram          | 21) Delhi             | 33) Manipur        |
| 10) Punjab          | 22) Uttarakhand       | 34) Dadar & Nagar  |
| 11) Kerala          | 23) Jharkhand         | Haveli & Daman Diu |
| 12) Maharashtra     | 24) Karnataka         |                    |

As there was no other point to discuss, the meeting came to end with vote of thanks to the chair.



**Indu Aggarwal**  
President,  
Yoga Federation of India

**A copy is forwarded to the following for information please.**

1. Ministry of Youth Affairs & Sports, Government of India, New Delhi.
2. President/Secretary General, Indian Olympic Association
3. President / Secretary General, International Yoga Sports Association.
4. President / Secretary General, Asian Yoga Federation.
5. The Office Bearers, Yoga Federation of India.
6. The Presidents / General Secretaries, All State / U.T. Yoga Associations.
7. The Registrar, Firm & Societies, Haryana (Panchkula).



**Indu Aggarwal**  
President,  
Yoga Federation of India

